

At A Distance Together

CREATIVE TASK

Over the last few weeks we have witnessed people all over the world rising up against horrific violence, racial injustice and police brutality. You may have already found ways to communicate your solidarity – or to share your own experiences of this issue.

At A Moment's Peace we feel strongly that this is a moment for us all to be involved with. And so, our latest task is to find individual ways to show your solidarity with the Black Lives Matter movement.

WHAT TO DO

We have some suggestions for how you can do it, but of course you are free to interpret this task in any way you want to.

Suggestion 1: Make a sign that expresses your support for Black Lives Matter and photograph it

Suggestion 2: Think of someone you know, or imagine someone you don't, who is being or has been directly affected by racial injustice and write them letter of support.

Suggestion 3: If you yourself are experiencing these injustices you could – if you want – write a letter to someone who you think needs to understand it better.

Suggestion 4: Write or draw or video a message about how you think we can achieve a world, or a Scotland, where everyday and state racism are truly eradicated.

Whatever you decide to do, this solidarity can be expressed in written form – as a poem, as a letter, as a sign, in a whatsapp message. It could be visual – using image or collage. It can be in spoken form – as a video, or as a voicenote. As ever it's totally up to you.

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SHARING

We hope that you feel you want to share these responses with us, and in turn we'd be very keen to share these with a wider audience. Now is the time to be heard and so we invite you to join in voice together to challenge injustice.

You can share your creative responses to sara@amomentspeace.co.uk or on your own social media & tagging us on:

Instagram [@amomentspeacetheatre](https://www.instagram.com/amomentspeacetheatre)

Facebook [@AMPTTheatreCompany](https://www.facebook.com/AMPTTheatreCompany)

Twitter [@amptheatre](https://twitter.com/amptheatre)

Using hashtag [#AtADistanceTogether](https://twitter.com/hashtag/AtADistanceTogether)

We will keep you updated on forthcoming online sessions via zoom. We hope that you can join us!

ABOUT THE PROJECT

With many people in our communities in isolation, A Moment's Peace Theatre wanted to offer our regular groups a chance to stay connected and continue to be supported creatively during these challenging times.

At A Distance Together will see us work with associate artists, creating & sharing fortnightly creative tasks, some respond directly to what is happening in our lives at the moment, some an exploration of imaginative spaces. They are entirely optional to undertake, and they can be shared with us or just kept as personal creative activities for the everyday.

We will also be hosting monthly live online creative workshops, offering our groups a chance to reconnect and continue to engage in live creative activities, whilst we are unable to meet in person.